

CMS Measure ID 128: Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up Plan

07/08/2024 7:45 pm EDT



You can easily enter data in DrChrono to sync with Healthmonix MIPSpro. You can enter some data in multiple places. Please see our [article](#) on all the areas in DrChrono you can enter data for reporting with Healthmonix MIPSpro.

Your Healthmonix MIPSpro dashboard contains a comprehensive description of the codes and criteria for each measure. Click on the **View Details** to see more.


My Measures

Select, review, and change the measures you will be reporting.

Notifications

-  You have met the measure selection requirements
-  You may now proceed with entering patient visits

[Select Measures](#) [Checklist](#)

#128 **Preventative Care and Screening: Body Mass Index (BMI) Screening and Follow-Up Plan** 

Percentage of patients aged 18 years and older with a BMI documented during the current encounter or within the previous twelve months AND who had a follow-up plan documented if most recent BMI was outside of normal parameters.

[View details](#)

Description

Percentage of patients aged 18 years and older with a BMI documented during the current encounter or within the previous twelve months AND who had a follow-up plan documented if the most recent BMI was outside of normal parameters.

Instructions

There is no diagnosis associated with this measure. This measure is to be submitted a minimum of once per performance period for patients seen during the performance period. This measure may be submitted by Merit-based Incentive Payment System (MIPS) eligible clinicians who perform the quality actions described in the measure based on the services provided at the time of the qualifying encounter and the measure-specific denominator coding. The BMI may be documented in the medical record of the provider or in outside medical records obtained by the provider. If the most recent documented BMI is outside of normal parameters, then a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter. The documented follow-up plan must be based on the most recent documented BMI outside of normal parameters, example: "Patient referred to nutrition counseling for BMI above or below normal parameters" (See Definitions for

examples of follow-up plan treatments). If more than one BMI is submitted during the measurement period, the most recent BMI will be used to determine if the performance has been met. Review the exclusions and exceptions criteria to determine those patients that BMI measurement may not be appropriate or necessary.

Measure Submission Type

Measure data may be submitted by individual MIPS-eligible clinicians, groups, or third-party intermediaries. The listed denominator criteria are used to identify the intended patient population. The numerator options included in this specification are used to submit the quality actions as allowed by the measure. The quality data codes listed do not need to be submitted by MIPS-eligible clinicians, groups, or third-party intermediaries that utilize this modality for submissions; however, these codes may be submitted for those third-party intermediaries that utilize Medicare Part B claims data. For more information regarding Application Programming Interface (API), please refer to the Quality Payment Program (QPP) website.

Denominator

All patients aged 18 and older on the date of the encounter with at least one eligible encounter during the measurement period.

Definition: Not Eligible for BMI Screening or Follow-Up Plan (Denominator Exclusions) – A patient is not eligible if one or more of the following reasons are documented:

- Patients receiving palliative or hospice care on the date of the current encounter or any time prior to the current encounter
- Patients who are pregnant on the date of the current encounter or any time during the measurement period prior to the current encounter

Date of Birth information can be entered in DrChrono in the patient chart under the **Demographics** tab with the **Patient Date of Birth**.

The screenshot shows a patient profile for Jenny (Jen) Harris. The left sidebar has a 'Demographics' tab selected. The main content area shows patient information: Name (Jenny (Jen) Harris), Gender (Female), Age (43 years old), and Date of Birth (Feb. 11, 1980). Contact information includes Phone (443) 555-5555, Email (sample@sample.com), and Address (328 Gibraltar Dr, Sunnyvale, CA 94089). It also lists Date Added (Oct. 13, 2021), Last Scheduled Appt (Wed Feb 15, 2023), and Next Scheduled Appt. A 'CDS' link points to 'Adult Immunization Schedule Age: 27-49'. The Primary Provider is Dr. James Smith. Below this are buttons for 'New Referral', 'Fax Demographics', 'Print Demographics', 'Apple Health App Data', and 'Vitals'. A navigation bar includes 'Important', 'Demographics', 'Insurances', 'Authorizations', 'Smoking Status', 'Flags', 'Balance', and 'onpatient Payments'. A status bar shows 'Sufficient patient demographics to bill insurance.', 'Fall Risk', 'Gestational Diabetes', and 'Likes Cats'. At the bottom, the 'Demographics' section has input fields for 'Patient SSN' (111-11-1111) and 'Patient Date of birth' (02/11/1980), with a note 'e.g. 8/8/1979'.

AND

- A relevant **CPT** or **HCPCS** code: 90791, 90792, 90832, 90834, 90837, 96156, 96158, 97161, 97162, 97163, 97165, 97166, 97167, 97802, 97803, 99202, 99203, 99204, 99205, 99212, 99213, 99214, 99215, 99236, 99304, 99305, 99306, 99307, 99308, 99309, 99310, 99315, 99316, 99318, 99324, 99325, 99326, 99327, 99328, 99334, 99335, 99336, 99337, 99339, 99340, 99385*, 99386*, 99387*, 99395*, 99396*, 99397*, 99401*, 99402*, D7111, D7140, D7210, D7220, D7230, D7240, D7241, D7250, D7251, G0101, G0108, G0270, G0271, G0402, G0438, G0439, G0447, G0473
- Without **Telehealth Modifier**: GQ, GT, 95, POS 02

- Without Place of Service (POS): 12

DENOMINATOR NOTE : *Signifies that this CPT Category I code is a non-covered service under the Medicare Part B Physician Fee Schedule (PFS). These non-covered services should be counted in the denominator population for MIPS CQMs.

Appointment | **Billing** | Eligibility | Vitals | Growthcharts | Flags | Log Comm. | Revisions | Custom Data | MU Helper

Institutional Claim Patient SuperBill | Clinical Note | Billing Details | Other Forms

Billing Status

ICD Version

Patient Payment \$ Copay: \$20

Pre Authorization Approval

Referral #

Payment Profile

Billing Profile

Billing Pick List

Diagnosis Pick List

Credit Card Payment

HCFA Box 10 - Is patient's condition related to:

Employment

Auto Accident

Other Accident

Onset Date Type

Onset Date

Other Date Type

Other Date

Claim Billed: \$145.00 Adjustment: \$0.00 Insurer Paid: \$0.00 Patient Paid: \$0.00

ICD-10 Codes

#	Code	Description

ICD-9 Codes to Convert

#	Code	Description

NDC Codes

NDC Code	Quantity	Units	Line Item

Custom Codes

Code	Description	Price (\$)

CPT Codes

Code	Description	Price (\$)
1 99213	OFFICE O/P EST LOW 20-29 MIN	145.00

Modifiers:

Quantity/Minutes:

Diagnosis Pointers:

HCPCS Codes

Code	Description	Price (\$)
1 G0438	Ppps initial visit	0.00

Modifiers:

AND NOT

DENOMINATOR EXCLUSIONS:

Documentation stating the patient has received or is currently receiving palliative or hospice care: **G9996**

OR

Documentation of patient pregnancy anytime during the measurement period prior to and including the current encounter: **G9997**

Numerator

Patients with a documented BMI during the encounter or during the previous twelve months AND when the BMI is outside of normal parameters, a follow-up plan is documented during the encounter or during the previous twelve months of the encounter.

Definitions:

BMI– Body mass index (BMI), is a number calculated using the Quetelet index: weight divided by height squared

(W/H²) and is commonly used to classify weight categories. BMI can be calculated using:

Metric Units: BMI = Weight (kg) / (Height (m) x Height (m))

OR

English Units: BMI = Weight (lbs) / (Height (in) x Height (in)) x 703

Follow-Up Plan– Proposed outline of treatment to be conducted as a result of a BMI outside of normal parameters. A follow-up plan may include, but is not limited to:

- Documentation of education
- Referral (for example a Registered Dietitian Nutritionist (RDN), occupational therapist, physical therapist, primary care provider, exercise physiologist, mental health professional, or surgeon), for lifestyle/behavioral therapy
- Pharmacological interventions
- Dietary supplements
- Exercise counseling
- Nutrition counseling

Patients with a Documented Reason for Not Screening BMI (Denominator Exception) -

Patient Reason:

- Patients who refuse measurement of height and/or weight on the date of the current encounter or any time during the measurement period prior to the current encounter.

OR

Medical Reason:

- Patients with a documented medical reason for not documenting BMI such as patients in an urgent or emergent medical situation where time is of the essence and to delay treatment would jeopardize the patient's health status.

Patients with a Documented Reason for Not Documenting a Follow-up Plan for BMI Outside Normal Parameters (Denominator Exception)

Medical Reason(s):

- Patients (e.g., elderly patients 65 years of age or older) for whom weight reduction/weight gain would complicate other underlying health conditions such as illness or physical disability, mental illness, dementia, confusion, or nutritional deficiency such as vitamin/mineral deficiency; patients in an urgent or emergent medical situation where time is of the essence and to delay treatment would jeopardize the patient's health status

Numerator Instructions:

- **Height and Weight:** An eligible professional or their staff is required to measure both height and weight. Both height and weight must be measured within twelve months of the current encounter and may be obtained from separate encounters. Self-reported values cannot be used.
 - The BMI may be documented in the medical record of the provider or in outside medical records obtained by the provider.
 - If more than one BMI is reported during the measurement period, the most recent BMI will be used to determine if the performance has been met.
- **Follow-Up Plan:** If the most recent documented BMI is outside of normal parameters, then a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter. The documented follow-up plan must be based on the most recent documented BMI, outside of normal parameters, for example: "Patient referred to nutrition counseling for BMI above or below normal

parameters". (See Definitions for examples of follow-up plan treatments).

- **Performance Met** for **G8417 & G8418**
- If the provider documents a BMI and a follow-up plan at the current visit **OR**
- If the patient has a documented BMI within the previous twelve months of the current encounter, the provider documents a follow-up plan at the current visit **OR**
- If the patient has a documented BMI within the previous twelve months of the current encounter **AND** the patient has a documented follow-up plan for a BMI outside normal parameters within the previous twelve months of the current visit

In the **Vitals** section for a visit, you can enter the **Height** and **Weight**. This will automatically calculate the **BMI** for the patient.

Schedule Appointment

Appointment Billing Eligibility **Vitals** Growthcharts Flags Log Comm. Revisions Custom Data MU Helper

Units Full Vitals History (pdf) Full Vitals History (csv)

System Vitals Note Rendering Options: Newest to oldest Date on side

Name	01/13/2021 11:00 AM	01/19/2021 11:40 AM	01/20/2021 07:00 AM	01/22/2021 10:20 AM	01/25/2021 10:00 AM	Current Visit 01/26/2021 at 07:10 AM
Temperature (f)						<input type="text"/>
Pulse (bpm)						<input type="text"/>
Blood Pressure (mmHg)						<input type="text"/> / <input type="text"/>
Respiratory Rate (rpm)						<input type="text"/>
Oxygen Saturation (%)						<input type="text"/>
Height (in)						<input type="text" value="60"/>
Weight (lbs)						<input type="text" value="200"/>
BMI (kg/m ²)						<input type="text" value="39.06"/>
Pain (1-10)						<input type="text"/>
Smoking Status						<input type="text"/>
Head Circumference (in)						<input type="text"/>

Numerator Options: The following codes can be entered in the **HCPCS** code section for the visit.

Performance Met: BMI is documented within normal parameters and no follow-up plan is required (**G8420**)

OR

Performance Met: BMI is documented as above normal parameters and a follow-up plan is documented (**G8417**)

OR

Performance Met: BMI is documented as below normal parameters and a follow-up plan is documented (**G8418**)

Schedule Appointment

- Appointment
- Billing**
- Eligibility
- Vitals
- Growthcharts
- Flags
- Log Comm.
- Revisions
- Custom Data
- MU Helper

Institutional Claim

- Patient SuperBill
- Clinical Note
- Billing Details
- Other Forms

<p>Billing Status <input type="text"/></p> <p>ICD Version <input type="text" value="ICD-10"/></p> <p>Patient Payment \$ <input type="text" value="0"/> Copay: \$20 <input type="button" value="+"/></p> <p>Pre Authorization Approval <input type="text"/></p> <p>Referral # <input type="text"/></p> <p>Payment Profile <input type="text" value="Insurance"/></p> <p>Billing Profile <input type="text"/> <input type="button" value="+"/></p> <p>Billing Pick List <input type="text" value="Choose Codes from Pick List"/></p> <p>Diagnosis Pick List <input type="text" value="Choose Codes from Pt Problems"/></p> <p>Credit Card Payment <input type="button" value="Process Credit Card"/></p>	<p>HCFA Box 10 - Is patient's condition related to:</p> <p>Employment <input type="text" value="No"/></p> <p>Auto Accident <input type="text" value="No"/></p> <p>Other Accident <input type="text" value="No"/></p> <p>Onset Date Type <input type="text" value="Onset of Current Symptoms o"/></p> <p>Onset Date <input type="text"/></p> <p>Other Date Type <input type="text" value="- Other Date Type -"/></p> <p>Other Date <input type="text"/></p>
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Claim Billed: \$0.00 Adjustment: \$0.00 Insurer Paid: \$0.00 Patient Paid: \$0.00

ICD-10 Codes

#	Code	Description
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CPT Codes

Code	Description	Price (\$)
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ICD-9 Codes to Convert

#	Code	Description
---	------	-------------

HCPCS Codes

Code	Description	Price (\$)
------	-------------	------------

NDC Codes

NDC Code	Quantity	Units	Line Item
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1 G8417	Calc bmi abv up param fu	0.00	<input type="button" value="x"/>
Modifiers: <input type="text" value="---"/> <input type="text" value="---"/> <input type="text" value="---"/> <input type="text" value="---"/>			
Quantity/Minutes: <input type="text" value="1.00"/>			

OR

Denominator Exception: BMI not documented due to medical reason OR patient refusal of height or weight measurement (G2181)

OR

Denominator Exception: BMI is documented as being outside of normal limits, a follow-up plan is not completed for documented reason (G9716)

OR

Performance Not Met: BMI not documented and no reason is given (G8421)

OR

Performance Not Met: BMI documented outside of normal parameters, no follow-up plan documented, no reason given (G8419)

OR

Performance Not Met: BMI not documented and no reason is given (G8421)

OR

Performance Not Met: BMI documented outside of normal parameters, no follow-up plan documented, no reason given (G8419)

Schedule Appointment

- Appointment
- Billing
- Eligibility
- Vitals
- Growthcharts
- Flags
- Log Comm.
- Revisions
- Custom Data
- MU Helper

- Patient SuperBill
- Clinical Note
- Billing Details
- Other Forms

Billing Status

ICD Version

Patient Payment \$ Copay: \$20

Pre Authorization Approval

Referral #

Payment Profile

Billing Profile

Billing Pick List

Diagnosis Pick List

Credit Card Payment

HCFA Box 10 - Is patient's condition related to:

Employment

Auto Accident

Other Accident

Onset Date Type

Onset Date

Other Date Type

Other Date

Claim Billed: \$0.00 Adjustment: \$0.00 Insurer Paid: \$0.00 Patient Paid: \$0.00

ICD-10 Codes

#	Code	Description
---	------	-------------

ICD-9 Codes to Convert

#	Code	Description
---	------	-------------

NDC Codes

NDC Code	Quantity	Units	Line Item
----------	----------	-------	-----------

Custom Codes

Code	Description	Price (\$)
------	-------------	------------

CPT Codes

Code	Description	Price (\$)
------	-------------	------------

HCPCS Codes

Code	Description	Price (\$)
1 G8421	Bmi not calculated	0
Modifiers: <input type="text" value="---"/> <input type="text" value="---"/> <input type="text" value="---"/> <input type="text" value="---"/>		
Quantity/Minutes: <input type="text" value="1"/>		
Diagnosis Pointers: <input type="text" value="1:0:0:0"/>		