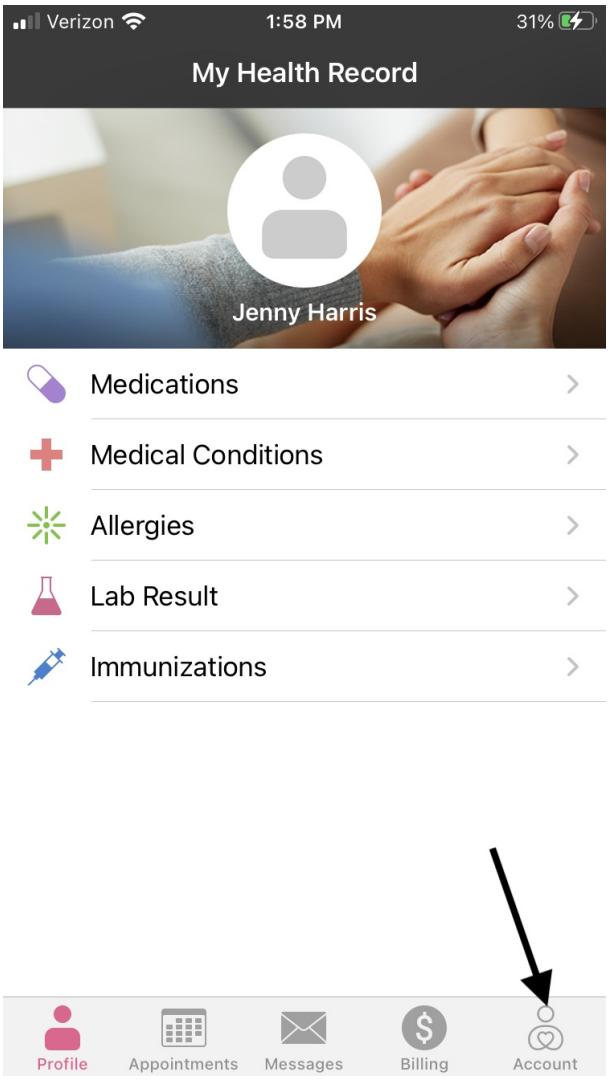
# Sharing Health Data from your iPhone

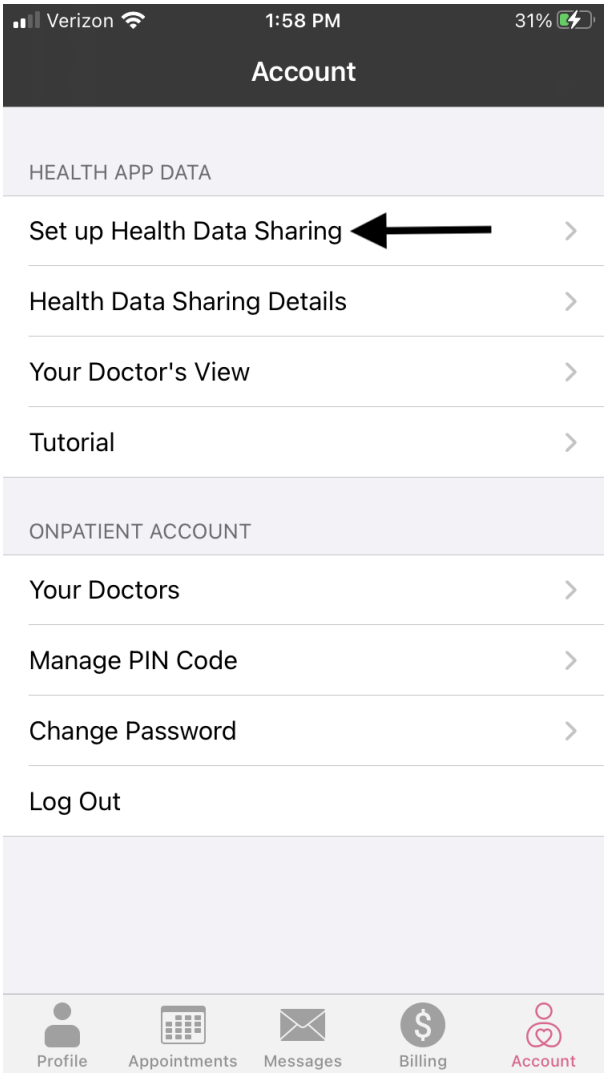
07/08/2024 7:52 pm EDT

You can share the health data on your iPhone with your provider. This data will sync into the 30-day snapshot in your health record for your provider to view.

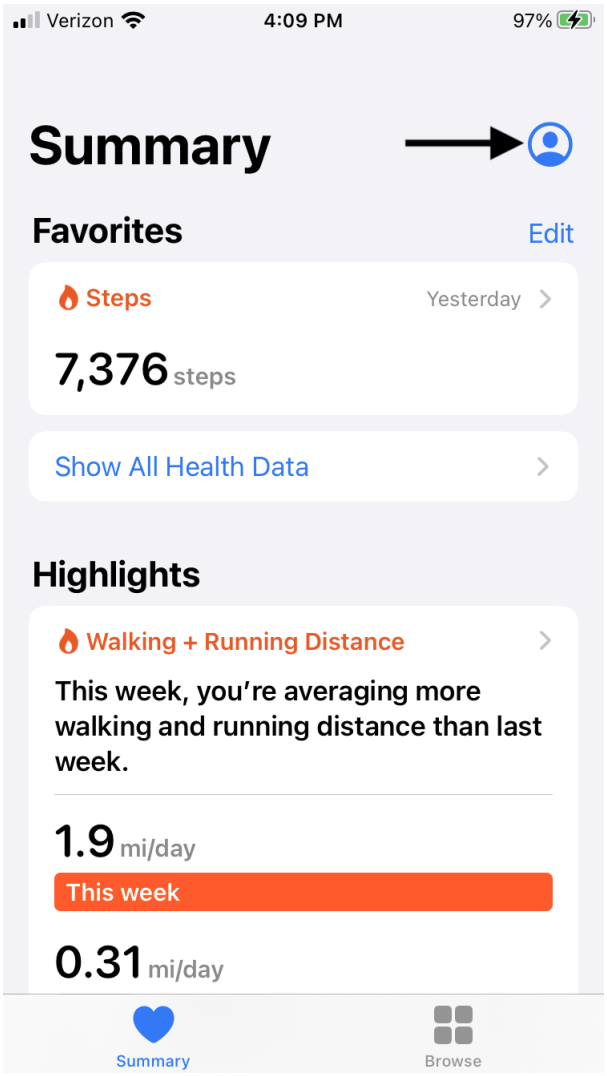
1. Navigate to the **Account** menu.



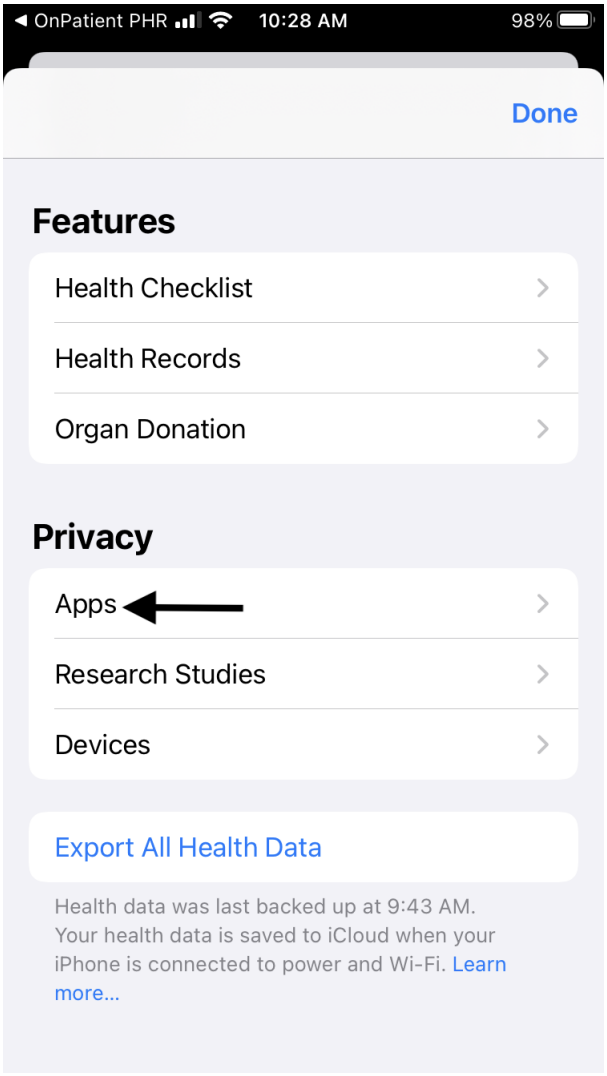

2. Select **Set Up Health Data Sharing**.



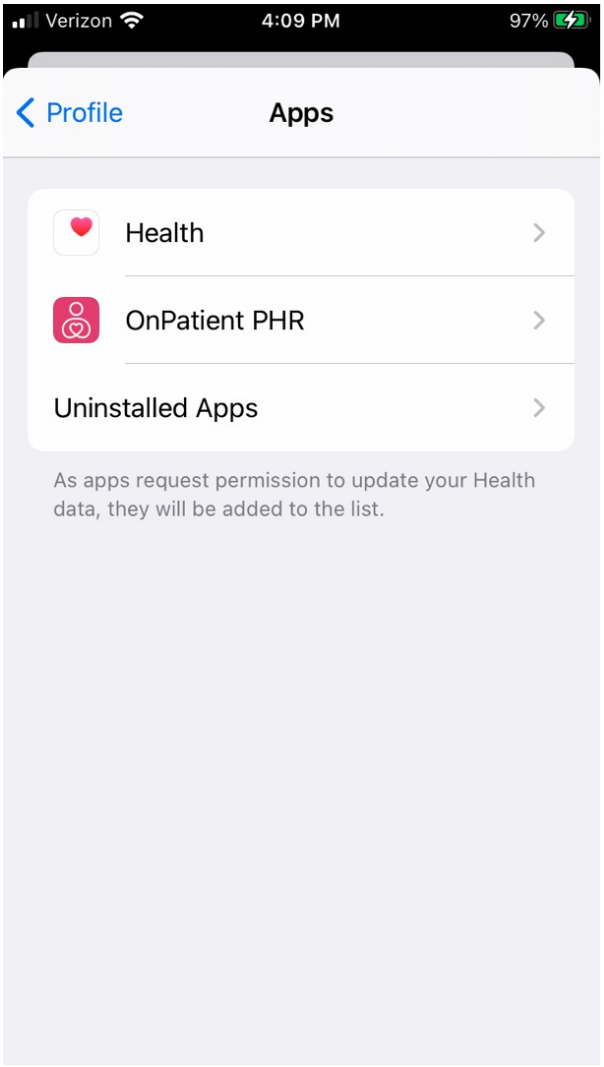

3. Select the profile icon.

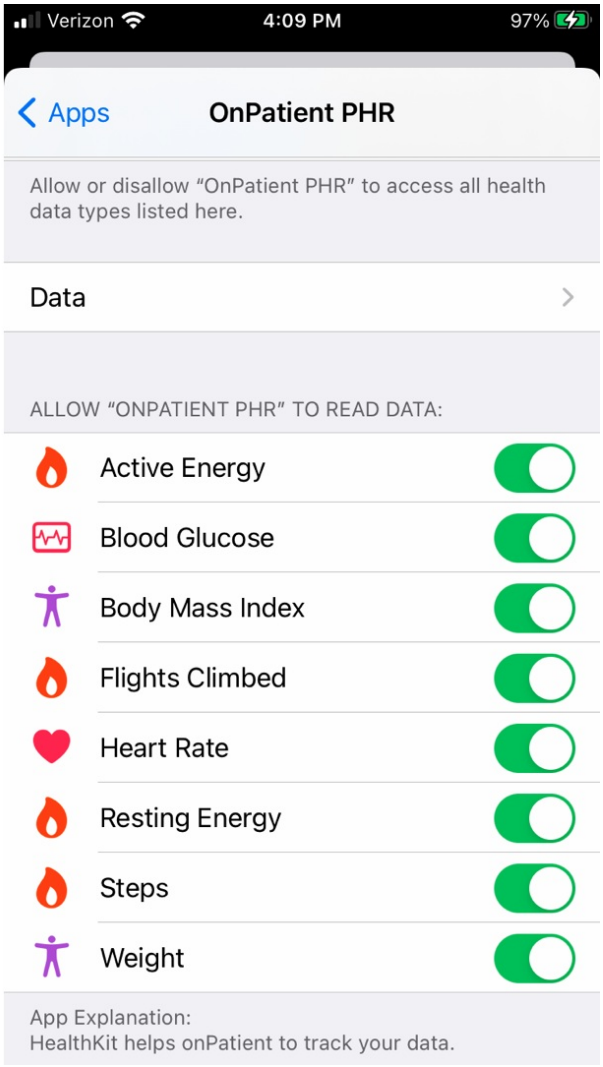



4. Select **Apps** in the Privacy section.

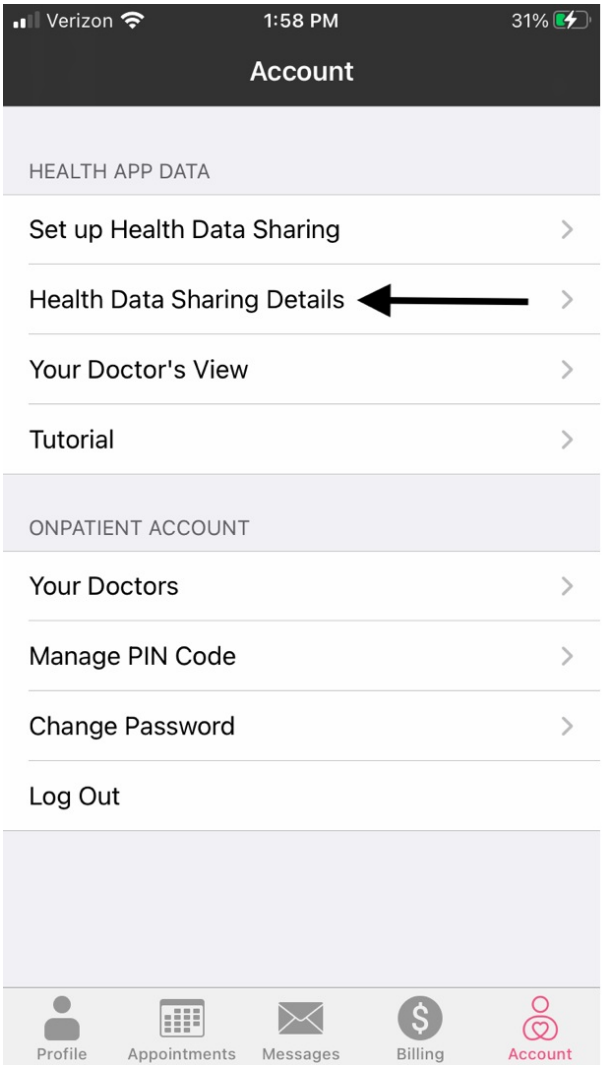


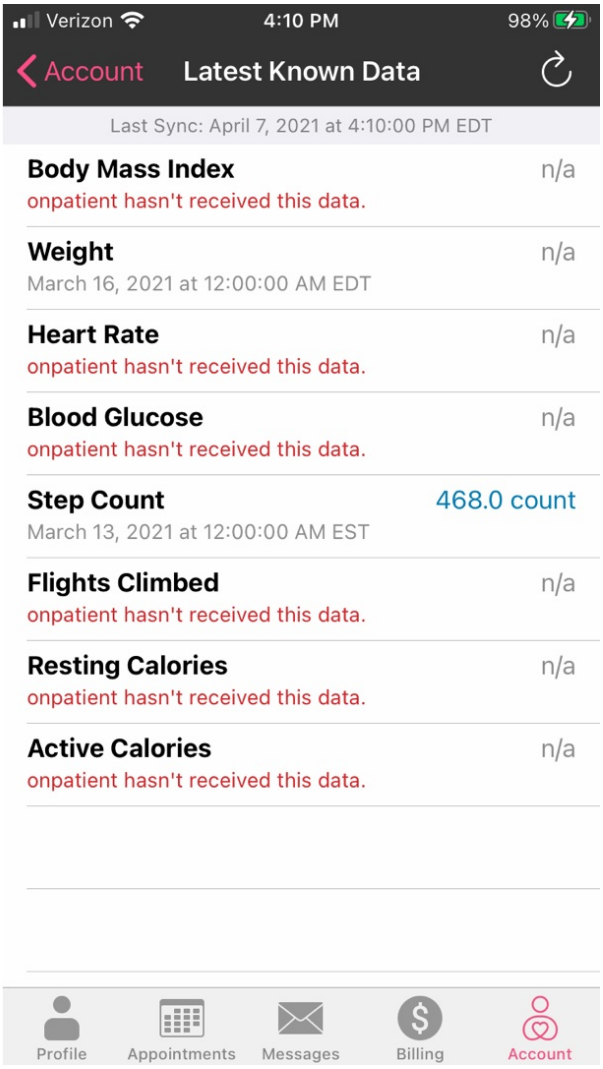

5. Select **OnPatient PHR** and choose the health data you would like to share. Tap **Apps** to return.

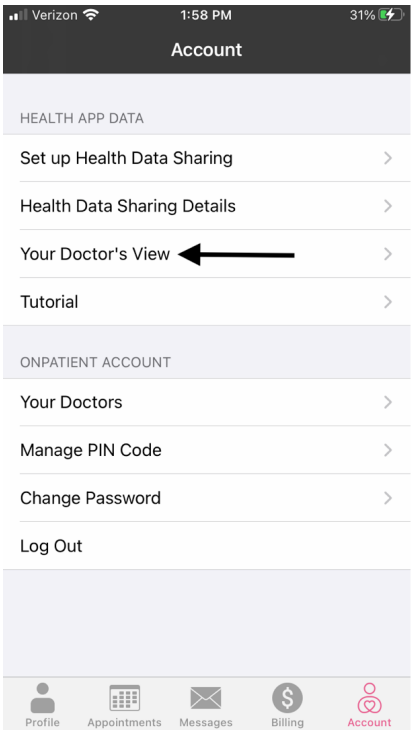
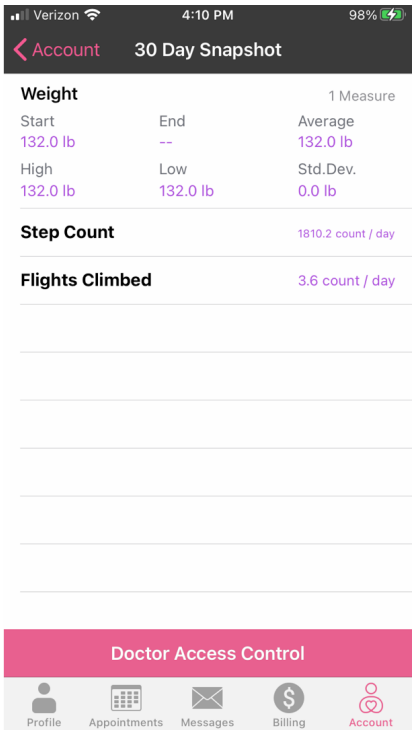
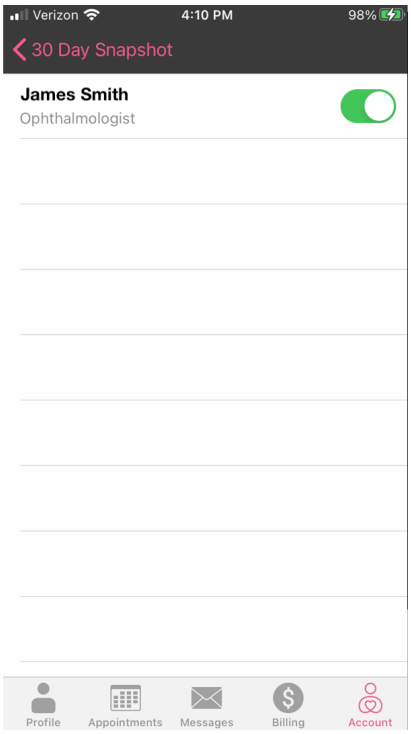



6. Under **Health Sharing Data,** you can see the data that has been synced from the device to your OnPatient account.




7. Under the **Your Doctor's View**, you can see the 30-Day Snapshot. You can turn on or off data access by selecting the Doctor Access Control button.